



Annual Report

Below is a summary of the anti-doping activities for the year that GB Karate have completed. It has been an extremely tough period due to much of the year either spent in lockdown or under restrictions due to the Covid-19 pandemic

Clean Sport Education Strategy & Implementation Plan

2022 is the introduction of our new anti-doping strategy.

Our mission for the next 2 years is to protect the integrity of clean sport within GB Karate.

Our education strategy aims to target key anti-doping topics, in line with UKAD's clean sport curriculum in conjunction with our sport specific needs. These topics will cover; principles and values of clean sport, strict liability, rights and responsibilities of athletes, coaches and ASP, consequence of doping, anti-doping rule violations, the prohibited list, supplements, mediations & TUE's, the testing process, testing pools and ADAMS, how to report doping, substances of abuse.

Coaches and ASP's will also have specific education opportunities specific to their role relating to anti-doping with GB Karate.

Education

At the end of 2022, 100% of GB squad athletes had received a Refresher Anti-Doping Education session.

4 Athletes and 3 Coaches and 1 ASP attended a Games Ready session, as per UKAD's eligibility requirements.

All Athletes, Coaches and Athlete Support Personnel received information regarding the prohibited list changes for 2022.

Compliance

By April 2022, British Karate will have satisfied UKAD's Assurance Framework.

Testing

GB Karate currently has no athletes on the whereabouts programme.